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Starlight Children’s Foundation and Sheri Sobrato Brisson Announce Partnership to Support the Emotional Health of Children and Young Adults

Published March 14, 2016 | By [Api Podder](#)

Starlight to distribute complimentary copies of “Digging Deep” to its network of more than 600 community partners in the US and Puerto Rico

LOS ANGELES (March 14, 2016) – Philanthropist and brain tumor survivor Sheri Sobrato Brisson is partnering with Starlight Children’s Foundation, a global organization that improves the quality of life for children, families and communities, to distribute copies of “Digging Deep: A Journal for Young People Facing Health Challenges” to children and young adults in need of emotional support and an outlet to express their feelings.

Thanks to a generous donation provided by Ms. Sobrato Brisson, Starlight is offering complimentary copies of the award-winning book to its network of more than 600 community partners, including hospitals, specialty clinics and camps, respite houses and hospices in the US and Puerto Rico.

“Starlight focuses on supporting the physical as well as the emotional health of young people, so we are thrilled to be able to offer ‘Digging Deep’ to our network of community partners,” says Jacquie Hart, Global CEO, and Starlight Children’s Foundation.

Starlight community partners may order copies of “Digging Deep” in either English or Spanish as an outlet to explore and express their feelings through visually stunning illustrations and writing prompts.

“Partnering with Starlight Children’s Foundation will allow us to reach far more children. We are grateful to have the support of their network,” explains Ms. Sobrato Brisson.

“Digging Deep: A Journal for Young People Facing Health Challenges” was published by Resonance House on October 15, 2014, and is widely available.

About Starlight Children’s Foundation

We are on a mission to improve quality of life for children, families and communities. We align with global, national and community partners to advance children’s health in every dimension – from prevention and protection to safety and stability to comfort and care – because children are the foundation of our communities. Learn more at www.starlight.org and follow Starlight on [Instagram](#) and [Facebook](#) at /StarlightChildrensFoundation and on [Twitter](#) @StarlightOnline.

About Resonance House

Resonance House, the publisher of “Digging Deep” and wholly owned subsidiary of Silicon Valley Community Foundation, makes “Digging Deep” available to every child who needs it, regardless of socio-economic background. It partners with children’s hospitals, physician offices, medical camps, outpatient clinics, rehabilitation centers, children’s health associations and nonprofit organizations to gift “Digging Deep” to any child who needs it.

About Sheri Sobrato Brisson

Ms. Sobrato Brisson is a brain tumor survivor who discovered the importance of self-reflection during her recovery. From her personal illness experience and over twenty years supporting families and children with serious illness, her life’s mission is to empower families and children facing serious illness.

About “Digging Deep”

“Digging Deep” is a bright, engaging tool that makes dealing with health challenges easier. Through vibrant art and thoughtful prompts, it helps kids discover their inner strength by telling stories about their experiences. “Digging Deep” has won five national gold medals in addition to being a category finalist in the 2014 Eric Hoffer Book Awards. For more information, visit www.diggingdeep.org and follow “Digging Deep” on [Facebook](#) at /DiggingDeepJournal and on [Twitter](#) @DiggingDeepJrnl.

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- [September 2016](#)
- [August 2016](#)
- [July 2016](#)
- [June 2016](#)
- [May 2016](#)
- [April 2016](#)
- [March 2016](#)
- [February 2016](#)
- [January 2016](#)
- [December 2015](#)
- [November 2015](#)
- [October 2015](#)
- [September 2015](#)
- [August 2015](#)
- [July 2015](#)
- [June 2015](#)
- [May 2015](#)
- [April 2015](#)
- [March 2015](#)
- [February 2015](#)
- [January 2015](#)
- [December 2014](#)
- [November 2014](#)
- [October 2014](#)
- [September 2014](#)
- [August 2014](#)
- [July 2014](#)
- [June 2014](#)
- [May 2014](#)
- [April 2014](#)
- [March 2014](#)
- [February 2014](#)
- [January 2014](#)
- [December 2013](#)
- [November 2013](#)
- [October 2013](#)
- [September 2013](#)
- [August 2013](#)
- [July 2013](#)
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